

LAKE SUPERIOR HIKE

JULY 22-29 2006

WHAT TO EXPECT

1. Drive up on Sunday July 23rd, hike Monday thru Thursday and return home on Friday July 28th. Practice day hike May 13 or 20, practice overnight, June 17.
2. Trail section hiked will include scenic Gooseberry Falls, and Split Rock Light House
3. Total trail mileage will be about 25, or about 5-6/day, 2 mph, entire day for hiking, we will not be going at a easy saunter.
4. Buddy system will be used for safety and equipment planning; you are expected to know how to use map and compass.
5. Hilly terrain so it will not be an easy hike, plan on about 2 miles per hour, but that is for an all day hike and we will be taking a lot of rest and scenic vista stops.
6. Hiking shoes or boots must be well broken in, no tennis shoes!
7. Bugs are everywhere and some bite, be prepared, this is Minnesota wetland stuff, so what else is new?
8. You are responsible for your equipment. Only equipment listed allowed.
9. Equipment can be shared between buddies; some people have extras to borrow, ask around, or buy what you will need. This is your responsibility to have the right stuff.
10. Cost will be about \$40 to \$50 per person to cover gas, food, plus what you need.
11. Fishing will be possible, as we will go by, along, and over some rivers.
12. Parts of backpack, wilderness survival, and hiking merit badges can be done.
13. We are in bear country, should not be a problem but we will be cautious any way, will hang food and smelly stuff at night.
14. We will practice "leave no trace" hiking.
15. Route will be marked on maps; maps will be supplied to all that go. Plans will be left home with someone and we will check in whenever possible.
16. Families welcomed to come along, children can come along only if parent is along, and child can handle hiking. Leaders are responsible for scouts only.